

# LENTEN

## devotionals

### THIRD MONDAY OF LENT

**MARCH 8, 2021**

Today is the third week of Lent.

*Take a moment to pause and  
breath in and out slowly.*

*Intentionally.*

*Rest in and welcome God's  
grace-filled presence.*

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We all need reminders, don't we? Sometimes we actually collect reminders. How often have we been on a beach or by a lake and brought home a shell, a small jar of sand or a piece of drift wood to remind ourselves of that special place and time.

If you are married you most likely have a reminder of that moment of commitment on your hand in the shape of a ring.

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**What reminders have you collected around your home of special places or moments from your life?**

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**If you are married reflect on your wedding ring on your hand?**

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**What stirs in your heart and mind as you take in these visible symbols of these special moments?**

God has reminders for himself and for us as well. As we enter into today's Scripture, notice God's reminders to the circles of commitment made to us.

**Read today's Scripture.**

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**What captures your attention from this passage? Why?**

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**How did you respond the last time you saw a rainbow?**

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**Listen to this person's encounter with a double rainbow and then hear today's Scripture again.**

<https://youtu.be/OQSNhk5ICTI>

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**Read today's Scripture again.**

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**Did you...are you smiling?**

In these final moments today, talk to Jesus about what struck you about listening to the person's encounter with God's promise of his everlasting commitment to us. Also reflect on with Jesus those things in life that bring you the most joy and wonder. As you do, don't forget to offer a word of thanks to Jesus.

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**Lord Jesus, search us,  
and know our hearts;  
test us and know  
our anxious thoughts.  
Point out in us anything  
that offends you,  
and lead us along  
the path of everlasting life.**

**Amen.**

*Then God said to Noah  
and to his sons with him:  
"I now establish my covenant  
with you and with your  
descendants after you and  
with every living creature  
that was with you — the  
birds, the livestock and all  
the wild animals, all those  
that came out of the ark  
with you — every living  
creature on earth.  
I establish my covenant  
with you: Never again will  
all life be destroyed by the  
waters of a flood; never  
again will there be a flood  
to destroy the earth."*

*And God said: "This is the  
sign of the covenant I am  
making between me and you  
and every living creature  
with you, a covenant for  
all generations to come:  
I have set my rainbow in  
the clouds, and it will be the  
sign of the covenant between  
me and the earth. Whenever  
I bring clouds over the earth  
and the rainbow appears in  
the clouds, I will remember  
my covenant between me  
and you and all living  
creatures of every kind."*

Matthew 1 annotated